

Outdoor Education Egg Free Menu

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage with Hash Brown	Bacon with Potato Waffle	Sausage with Spaghetti Hoops	Bacon with Hash Brown & Tomatoes	Sausage with Beans
ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Teacakes, Crumpets with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice				

Lunch: Cheese, Ham, Tuna (no mayo) Sandwich, Crisps, Fresh Fruit, Cookie & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Pork Sausages with Mash & Gravy	Pasta with Chicken Meatballs in Classic Tomato Sauce with Garlic Bread	Roast Turkey with Roasties & Gravy	Fish Fingers with Seasoned Potato Wedges
Veggie Sausages with Mash & Gravy (v)	Classic Tomato Pasta with Garlic Bread (v)	Quorn Fillet with Roasties & Gravy (v)	Margherita Pizza with Seasoned Potato Wedges (v)
Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn
Jelly or Mousse	Jelly or Mousse	Jelly or Mousse	Jelly or Mousse

Supper

Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Jacket Potatoes with Cheese, Beans or Tuna (no mayo)

Outdoor Education Gluten Free Menu

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Omelette with GF Sausage & Hash Brown	Scrambled Egg with Bacon & Hash Brown	Omelette with GF Sausage	Bacon with Hash Brown & Tomatoes	Scrambled Egg with GF Sausage & Beans
ALSO AVAILABLE: Fresh Fruit, Yoghurt, GF Cereals, GF Toast with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice				

Lunch: Choice of GF Sandwich, Crisps, Fresh Fruit, GF Shortbread & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
GF Pork Sausages with Mash & Gravy	GF Pasta with Chicken Meatballs in Classic Tomato Sauce	Roast Turkey with Roasties & Gravy	Bubble Crumb Fish with Seasoned Potato Wedges
Veggie Sausages with Mash & Gravy (v)	Classic Tomato GF Pasta (v)	Veggie Sausages with Roasties & Gravy (v)	
Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn & Slaw
Jelly or Mousse	Jelly or Mousse	Jelly or Mousse	Jelly or Mousse

Jacket Potatoes with a choice of fillings

Supper

Hot chocolate and GF Shortbread

A salad bar, fresh fruit, jelly & mousse will be available daily.

Outdoor Education Milk Free Menu

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fried Egg with Sausage & Hash Brown	Fried Egg with Bacon & Hash Brown	Fried Egg with Sausage & Spaghetti Hoops	Bacon with Hash Brown & Tomatoes	Fried Egg with Sausage & Beans
ALSO AVAILABLE: Fresh Fruit, Cereals, Toast, Teacakes with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice				

Lunch: Ham, Tuna Mayo or Vegan Cheese Sandwich, Crisps, Fresh Fruit, Cookie & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Pork Sausages with Mash & Gravy	Pasta with Chicken Meatballs in Classic Tomato Sauce	Roast Turkey with Roasties & Gravy	Fish Fingers with Seasoned Potato Wedges
Veggie Sausages with Mash & Gravy (v)	Classic Tomato Pasta (v)	Quorn Fillet with Roasties & Gravy (v)	Vegan Margherita Pizza with Seasoned Potato Wedges (v)
Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn & Slaw
Chocolate Brownie	Toffee Apple Sponge	Marble Sponge	Jam Sponge

Supper

Hot Drink
and biscuits

A salad bar, fresh fruit, jelly will be available daily.

Jacket Potatoes with Tuna Mayo, Beans and/or Vegan Cheese

Outdoor Education Vegan Menu

Breakfast	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Veggie Sausage & Hash Brown	Veggie Sausage & Hash Brown	Veggie Sausage with Hash Brown & Spaghetti Hoops	Veggie Sausage with Hash Brown & Tomatoes	Veggie Sausage with Hash Brown & Beans
	ALSO AVAILABLE: Fresh Fruit, Cereals, Toast, Teacakes with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice				

Lunch: Vegan Cheese Sandwich, Crisps, Fresh Fruit, Cookie & Cold Drink

Veggie Sausages with Mash & Gravy (v)	Classic Tomato Pasta (v)	Quorn Fillet with Roasties & Gravy (v)	Vegan Margherita Pizza with Seasoned Potato Wedges (v)
Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Sweetcorn
Jelly	Jelly	Jelly	Jelly



Jacket Potatoes with Beans and/or Vegan Cheese