Instagram is automatically set to public so that anyone can see your images - even if you don't know them. Setting your profile to private can help to stop bullying and keep you safe. [Find out more about changing your privacy settings](#).

Live streams shared to your followers will disappear after they've finished unless you add them to your story. But people are still able to screenshot or record it and Instagram can't delete this.

Most naked images are against Instagram's rules and naked pictures of someone under 18 are never allowed.

Report a naked image or something you find threatening

In the app:

- press the 3 dots in the top right hand corner above the picture or video
- select Report
- select the reasons you want to report the image.

If someone is bullying, threatening or sending photos to you via direct message, you can also report that.

In the app:

- open the direct message from the person you want to report
- press the i in the top right hand corner
- select Report and enter the reasons you want to report them
- you can also block the person by pressing Block User.

Instagram won't tell someone if they've been blocked. Once they are blocked, they won't be able to find your profile, posts or story on Instagram. But they can still mention you using the '@' sign. Changing your username can be a good way to make sure that they can't mention it.

[Find out more about reporting to Instagram](#).