


Kit List for Visits to Entrust Outdoor Education Centres.

The check list below has been compiled to help you prepare for your visit.

Do not go out and buy lots of new and expensive things for the visit as you are likely to get wet and mucky at times. Old but comfortable clothes are great. Please avoid jeans for activity wear as once they are wet they become very uncomfortable and you will get cold easily.

Entrust Outdoors will provide all specialist and safety equipment required for the activities including rucksacks for walking activities.

Please label all your clothes, packing your bag with the help of an adult if required. Tick off the checklist and bring it along to the centre with you. You will have to help put your bag on the coach and carry it to your accommodation so make sure you can manage it all.

ITEM	Number	Packed at Home
Example T Shirts	3	
<i>For the Dormitory</i> Single duvet cover, pillow case. (Duvet, pillows and bottom sheets are provided)		
Underwear		
Socks (warm socks if possible)		
T-shirts		
Trousers/Tracksuit bottoms		
Warm jumpers		
Outdoor trainers or walking boots if you have them.		
Indoor trainers		
Wellington Boots		
Waterproof and warm outdoor coat		
Pyjamas		
Hat, gloves, scarf		
Wash kit (toothbrush, toothpaste, soap/shower gel, hairbrush)		
Towel		
Additional Items		
Torch and spare batteries		
Unbreakable mug and tea towel		
Water bottle		
Pocket money (max of £5)		
Plastic Bags for wet and dirty clothes		
Lip Salve		
Medication if required - Labelled and given to Mrs Pearson on the day we leave.		
Pens and pencils, and a book to read.		

*The centres have a limited supply of waterproofs and wellies and can lend them to you but if you have your own please bring them.

DO NOT bring mobile phones, cameras, electrical items such as iPods, games devices etc.

Please do not bring any sweets or drinks.