Useful websites:

What Is the Leitner System and How Does It Work?

Leitner Flashcard Method

Tips for making great flashcards:

- Use clear and concise questions.
- Less is more, so reduce language that you use on the flashcard.
- Use symbols or pictures to aid recall.
- Use of mnemonics can also be useful

What to use if for in school

- Speech sounds
- High frequency word reading
- Number facts
- Spelling words
- Vocabulary Definitions
- Basic facts about a topic.

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THE LEITNER FLASHCARD METHOD

A guide for Practitioners

What is it?

A spaced repetition exercise to support learners to recall facts, words and information.

A Little More Information

- This approach was first introduced by Sebastian Leitner who discovered that spaced rehearsal supports recall and reduces the likelihood of a learner forgetting information that is delivered on flashcards alone. The approach works based upon a learner's previous successes and using specifically spaced rehearsal to focus upon information that was forgotten and those that were remembered.



Setting it up

- Get 5 boxes and place all of your flashcards about a subject into the first box.
- It is important that the information on the flashcards relates to the same subject area and is not a mix of spellings, calculations and facts.
- Label the boxes with different spaced intervals such as:
- Box 1 - review daily
- Box 2 - review every other day, say: Mondays, Wednesdays, and Fridays
- Box 3 - review once per week, perhaps Saturdays
- Box 4 - review every other week
- Box 5 - review once a month and before your exam

Method

- Begin by working through the flashcards. Any flashcards that you answer correctly move forwards into the next box. This provides a spaced approach to revision and recall. As time goes on the flashcards should make their way into box 4 and 5. If any of the flash cards are answered incorrectly then these are placed in the box before for more regular revision.

Why it works...

- Learners enjoy seeing their success in this approach, watching the cards move forwards into the next boxes.
- It allows the revision of facts and information to be manageable and reduces feelings of overwhelm.
- It is time reducing as the revision is shared across different days and those flashcards that you know well, do not form part of daily practice.
- The spaced repetition of this approach strengthens neural connections supporting memory.